

# INLAND EMPIRE REGION CORE RESOURCES

## Inland Empire - San Jacinto High School

EMPLOYMENT	
College and Career Readiness Resource Center	<a href="#">College and Career Readiness Resource Center – Counseling</a>

  

DAY CARE	
<b>Oasis After School Program</b>	<a href="#">OASIS After School Program – Educational Services – San Jacinto Unified School District</a>
<b>Head Start Program</b>	<a href="#">Head Start – Parents</a>

  

FOOD	
San Jacinto Unified School District	<a href="#">San Jacinto Unified School District - School Nutrition And Fitness</a>

  

MENTAL HEALTH	
Counselor Center	<a href="#">Counselor/Ed Therapist Appointment (non-emergency) – Counseling – San Jacinto High School</a>
CareSolace	<a href="#">Social Emotional Resources – Counseling</a>

  

MEDICAL SERVICES	
San Jacinto Unified School Dist.	<a href="#">Health Services – SCPS Health Services</a>

IT SERVICES	
Distant Learning Information Center	<a href="#">Distance Learning Information – Students – San Jacinto High School</a>

## Inland Empire – Rancho Verde High School

EMPLOYMENT	
College and Career Center	<a href="#">College &amp; Career Center - Rancho Verde High</a>

DAYCARE	
Transitional-Kindergarten program for children from 5 years old and older.	<a href="#">Transitional Kindergarten</a>

FOOD	
Val Verde USD	<a href="#">Meal Information for School Closures</a>

MENTAL HEALTH	
The Brain Break Room	<a href="https://sites.google.com/valverde.edu/rvhsbrainbreakroom/home">https://sites.google.com/valverde.edu/rvhsbrainbreakroom/home</a>

IT SERVICE	
Assistance	<a href="#">Google Forms: Sign-in</a>
Google Chromebooks (policies, insurance information)	<a href="#">Rancho Verde technology</a>

## **Inland Empire – Perris High School**

- Employment
  - PHS College and Career Center offers career search services for students.
    - <https://www.phs.puhsd.org/1/department2/college-career-center>
- Day-care
  - PHS Parent Center offers child care during parent events.
    - <https://www.phs.puhsd.org/1/Content2/656>
- Food
  - Grab and Go Meals are FREE to anyone 18-years-old and under. You do not need to be an enrolled student in PUHSD to receive meals, and student ID's will no longer be required. Families will receive a meal kit made up of breakfast and lunch meals for the week.
    - <https://www.terrabytes.cafe/13/Content2/grab-go-meal-program>
- Financial assistance
- Mental health
  - The PHS Counseling Center offers COVID-19 counseling and social help.
    - <https://sites.google.com/puhsd.org/perris-high-school-counseling-/covid-19-personal-and-social-help?authuser=0>
- Medical Services
- IT services
  - PHS offers tech help for students struggling with Chrome, Canvas, and others.
    - <https://www.phs.puhsd.org/1/Content2/tech-help>

## **Inland Empire – Colton High School**

- Employment
  - The Colton Joint USD offers work permits to students.
    - <https://www.colton.k12.ca.us/Page/2389>
- Day-care
  - The Colton Joint USD lists some child care services available to parents
    - <https://ca02218339.schoolwires.net/Page/5131>
- Food
  - The Colton Joint USD have selected 16 meal service sites that will be open from 8:00 am - 1:00 pm for a 'Grab N Go' meal service. Open to all people under 18 years of age.
    - <https://lunchatcolton.net/>
- Mental health
  - CHS Wellness Center is a safe space where students can go to receive mental health counseling on campus. Students and parents can complete the referral form to receive help from a wellness coordinator.
    - <https://sites.google.com/cjUSD.net/chswellnesscenter/home>
- Medical Services
  - The Colton Joint USD lists various health insurances for eligible students.
    - <https://www.colton.k12.ca.us/Page/3388>

- IT services
  - The Colton Joint USD lists some Internet Service Providers that are offering free, short term internet access plans to help students gain access to vital online resources while schools are closed.
    - <https://www.colton.k12.ca.us/Page/4069>