

RIALTO/FONTANA REGIONS CORE RESOURCES

Rialto - Eisenhower HS

1) Employment

- [Work Permit Application](#)

2) Day-care

- The San Bernardino Preschool Services distribute free diapers and wipes to children enrolled in Early Head Start (EHS) and Home Visitation Program (HVP) in Fontana.
 - i) <https://sbcovid19.com/food-assistance/>
- The City of **Rialto** offers the Preston Preschool Daycare childcare site which is set-up as a “learning center” designed for youth ages 2 to 5 who are potty trained.
 - i) <https://www.yourrialto.com/city-hall/departments/community-services-department/child-development/preston-preschool-daycare-program/>
- **Rialto** Head Start focuses on assisting low-income and disadvantaged families and children by meeting children’s educational needs and creating a supportive, healthy environment combined with stable and reliable relationships with adults and caregivers.
 - i) <https://www.headstartprogram.us/city/ca-rialto>

3) Food

- The Rialto Unified School District offers Free Grab & Go Meals once a week in which students will receive 7 days’ worth of meals, including fresh fruits and vegetables and milk. There are drive up or walk up options. Available at all elementary, middle and high schools. Students ID must be presented; however, students do not need to be presented.
 - i) <https://kec.rialto.k12.ca.us/Page/2522>
- The **Rialto** Child Assistance offers Emergency Food Baskets twice a month (first and third Thursday of the month) to low income families with students. Baskets include a variety of canned goods, boxed cereal, peanut butter, various pantry staples, and select frozen items. Members must present their RCA Membership Card and Photo ID at each pick up and sign in receipt of their items, no exceptions.
 - i) <https://rialtochildassistance.org/home/program-details/>

4) Mental health

- The Wellness Center is a safe, secure and supportive location to encourage social emotional wellness for all students, parents, and staff. A referral can be submitted online for assistance.
 - i) <https://kec.rialto.k12.ca.us/domain/1184>
- The **Rialto** USD provides a variety of counselors who all work to address the three domains: academic, career, and social/emotional development. Every school has assigned counselors to students.

- i) <https://ca50000591.schoolwires.net/Page/2053>
- 5) Medical Services
 - The Rialto USD lists various resources to help parents find health services for students.
 - i) <https://kec.rialto.k12.ca.us/site/Default.aspx?PageID=1924>
- 6) IT services
 - How to Videos are provided for students who need help navigating Google classroom and Google calendar.
 - i) <https://kec.rialto.k12.ca.us/domain/1920>
 - Instructions on how to use Remind and ParentVue for parents are available online.
 - i) <https://kec.rialto.k12.ca.us/Page/1449>
 - Instructions for students struggling with laptop issues
 - i) <https://kec.rialto.k12.ca.us/cms/lib/CA50000591/Centricity/Domain/9/Student%20Laptop%20Issues%20and%20Fixes.pdf>
 - The **Rialto** USD provides mobile hotspots for families that do not have home internet access.
 - i) <https://ca50000591.schoolwires.net/Page/2053>
 - The **Rialto** USD provides IT assistants for every school and has a IT Helpdesk.
 - i) <https://ca50000591.schoolwires.net/Page/2053>

Rialto - WA Carter HS

- Employment
 - i) Work permit for students
<https://kec.rialto.k12.ca.us/domain/1769>
 - ii) The College and Career Center offers job search tips and a list of local jobs
<https://sites.google.com/rialtousd.org/chs-college-and-career-center/jobs-who-is-hiring?authuser=0>
- Day-care
 - i) The San Bernardino Preschool Services distribute free diapers and wipes to children enrolled in Early Head Start (EHS) and Home Visitation Program (HVP) in Fontana.
<https://sbcovid19.com/food-assistance/>
 - ii) The City of **Rialto** offers the Preston Preschool Daycare childcare site which is set-up as a “learning center” designed for youth ages 2 to 5 who are potty trained.
<https://www.yourrialto.com/city-hall/departments/community-services-department/child-development/preston-preschool-daycare-program/>
 - iii) **Rialto** Head Start focuses on assisting low-income and disadvantaged families and children by meeting children’s educational needs and creating a supportive, healthy environment combined with stable and reliable relationships with adults and caregivers.

<https://www.headstartprogram.us/city/ca-rialto>

- Food
 - i) The Rialto Unified School District offers Free Grab & Go Meals once a week in which students will receive 7 days' worth of meals, including fresh fruits and vegetables and milk. There are drive up or walk up options. Available at all elementary, middle and high schools. Students ID must be presented; however, students do not need to be presented.
<https://kec.rialto.k12.ca.us/Page/2522>
 - ii) The **Rialto** Child Assistance offers Emergency Food Baskets twice a month (first and third thursday of the month) to low income families with students. Baskets include a variety of canned goods, boxed cereal, peanut butter, various pantry staples, and select frozen items. Members must present their RCA Membership Card and Photo ID at each pick up and sign in receipt of their items, no exceptions.
<https://rialtochildassistance.org/home/program-details/>
- Financial assistance
 - i) The College and Career Center offers job search tips and a list of local jobs
<https://sites.google.com/rialtousd.org/chs-college-and-career-center/jobs-who-is-hiring?authuser=0>
- Mental health
 - i) Yoga classes and a Therapeutic Behavioral Strategist are available for students
<https://kec.rialto.k12.ca.us/Page/2629>
 - ii) A Virtual Calming Room is available for students. Calming sounds, puzzles, videos and hotline resources are available on the site.
<https://sites.google.com/rialtousd.org/chs-virtual-calming-room/sounds-music?authuser=0>
 - iii) Wellness Counselors are available for students as well as a list of helpful resources.
<https://kec.rialto.k12.ca.us/domain/1792>
 - iv) The **Rialto** USD provides a variety of counselors who all work to address the three domains: academic, career, and social/emotional development. Every school has assigned counselors to students.
<https://ca50000591.schoolwires.net/Page/2053>
- Medical Services
 - i) The Alternate Avenues Women's Resource Center in **Rialto** offers pregnancy testing, birthing education, parenting education, sexual integrity education and mentoring support services to women and teens.
 - ii) The **Rialto** USD provides various health care aid that can be found in the link below
<https://ca50000591.schoolwires.net/domain/1393>
- IT services

- i) Technology Resources are available for students who need help with Google Suite and basic troubleshooting for laptops.
<https://kec.rialto.k12.ca.us/domain/1884>
- ii) The **Rialto** USD provides mobile hotspots for families that do not have home internet access.
<https://ca50000591.schoolwires.net/Page/2053>
- iii) The **Rialto** USD provides IT assistants for every school and has a IT Helpdesk.
<https://ca50000591.schoolwires.net/Page/2053>

Rialto - Rialto HS

- Employment
 - i) Work Permit for students
<https://sites.google.com/rialtousd.org/rhs-college-career-center/work-permits?authuser=0>
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 - i) The San Bernardino Preschool Services distribute free diapers and wipes to children enrolled in Early Head Start (EHS) and Home Visitation Program (HVP) in Fontana.
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 - ii) The City of **Rialto** offers the Preston Preschool Daycare childcare site which is set-up as a “learning center” designed for youth ages 2 to 5 who are potty trained.
<https://www.yourrialto.com/city-hall/departments/community-services-department/child-development/preston-preschool-daycare-program/>
 - iii) **Rialto** Head Start focuses on assisting low-income and disadvantaged families and children by meeting children’s educational needs and creating a supportive, healthy environment combined with stable and reliable relationships with adults and caregivers.
<https://www.headstartprogram.us/city/ca-rialto>
- Food
 - i) The Rialto Unified School District offers Free Grab & Go Meals once a week in which students will receive 7 days’ worth of meals, including fresh fruits and vegetables and milk. There are drive up or walk up options. Available at all elementary, middle and high schools. Students ID must be presented; however, students do not need to be presented.
<https://kec.rialto.k12.ca.us/Page/2522>
 - ii) The **Rialto** Child Assistance offers Emergency Food Baskets twice a month (first and third thursday of the month) to low income families with students. Baskets include a variety of canned goods, boxed cereal, peanut butter, various pantry staples, and select frozen items. Members must present their RCA Membership Card and Photo ID at each pick up and sign in receipt of their items, no exceptions.
<https://rialtochildassistance.org/home/program-details/>

- Mental health
 - i) The Wellness Center provides the resources and support necessary in the areas of behavioral support and Social Emotional Learning (SEL).
<https://kec.rialto.k12.ca.us/domain/1587>
 - ii) The **Rialto** USD provides a variety of counselors who all work to address the three domains: academic, career, and social/emotional development. Every school has assigned counselors to students.
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- Medical Services
 - i) The Alternate Avenues Women’s Resource Center in **Rialto** offers pregnancy testing, birthing education, parenting education, sexual integrity education and mentoring support services to women and teens.
 - ii) The **Rialto** USD provides various health care aid that can be found in the link below
<https://ca50000591.schoolwires.net/domain/1393>
- IT services
 - i) Technology Support for students who need help with their student laptop.
<https://kec.rialto.k12.ca.us/domain/1727>
 - ii) The **Rialto** USD provides mobile hotspots for families that do not have home internet access.
<https://ca50000591.schoolwires.net/Page/2053>
 - iii) The **Rialto** USD provides IT assistants for every school and has a IT Helpdesk.
<https://ca50000591.schoolwires.net/Page/2053>

Fontana - Kaiser HS

- Employment
 - i) Work Permit for students
<https://www.fusd.net/Page/589>
 - ii) The Virtual EDU Cat Corner offers job search information and websites.
<https://www.fusd.net/Page/8822>
- Day-care
 - i) The **Fontana** Unified School District offers Early Education Programs for low income families with infants and toddlers, from 6 weeks to 3 years old.
<https://www.fusd.net/domain/148>
 - ii) The **Fontana** Unified School District offers State Preschool for qualifying families with children, who are 3 years old.
<https://www.fusd.net/domain/148>
- Food
 - i) The **Fontana** Unified School District offers Free Grab & Go Meals once a week in which students will receive 7 days’ worth of meals, including fresh fruits and vegetables and milk. There are drive up or walk up

options. Available at all elementary, middle and high schools. Students ID must be presented; however, students do not need to be presented.
<https://www.fusd.net/domain/2699>

- ii) The Community Action Partnership of San Bernardino County host congregate feeding sites, commonly known as soup kitchens, to people in need at no cost. The **Fontana** Foursquare Church offers meals every Thursday from 10:30 am to 12 pm.
<https://www.capsbc.org/soup-kitchens>
- Financial assistance
- Mental health
 - i) Virtual Counseling Office offers a virtual wellness center for students.
<https://www.fusd.net/Page/8821>
 - ii) The **Fontana** Unified School District offers a Care Solace program which is an online resource with a live 24/7 concierge meant to assist individuals, parents and school staff, in finding local mental health related programs and counseling services at no cost.
<https://www.caresolace.com/site/fusdfamilies/>
- Medical Services
- IT services
 - i) The **Fontana** USD offers laptop support for students.
<https://www.fusd.net/domain/2831>

Fontana - Fontana HS

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- Day-care
 - i) The **Fontana** Unified School District offers Early Education Programs for low income families with infants and toddlers, from 6 weeks to 3 years old.
<https://www.fusd.net/domain/148>
 - ii) The **Fontana** Unified School District offers State Preschool for qualifying families with children, who are 3 years old.
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- Food
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<https://www.capsbc.org/soup-kitchens>
- Mental health
 - i) The **Fontana** Unified School District offers a Care Solace program which is an online resource with a live 24/7 concierge meant to assist individuals, parents and school staff, in finding local mental health related programs and counseling services at no cost.
<https://www.caresolace.com/site/fusdfamilies/>
 - ii) The Guidance department lists various Mental Wellness resources for students and parents.
<https://www.fusd.net/Page/7943>
- IT services
 - i) The **Fontana** USD offers laptop support for students.
<https://www.fusd.net/domain/2831>