RIVERSIDE REGION

CORE RESOURCES

Riverside - Arlington HS

- Employment/Financial assistance/Medical Services
 - The RUSD lists various resources for families.
 - https://sites.google.com/riversideunified.org/rusd-remotelearning/families/community-health-resources?authuser=0
- Day-care
 - o <u>http://riversideunified.org/UserFiles/Servers/Server_580721/Image/Parents-</u> %20Images/Child%20Care%20Resources%202020-2021.pdf
- Food
 - Grab and Go meals will be served at all RUSD schools on Tuesdays, Thursdays and Fridays, from 11:15 a.m. to 12:45 p.m. All youth 18 and under may receive meals at no cost.
 - <u>http://riversideunified.org/cms/One.aspx?portalld=580805&pageId=14354</u> 720
- Mental health
 - The Riverside USD lists various family wellness resources in their Family Resource Center.
 - http://riversideunified.org/parents/family_resource_center/family_wellness
 - The Riverside USD list COVID-19 Non-Medical Help Lines
 - <u>http://riversideunified.org/cms/One.aspx?portalld=580805&pageId=14425</u>
 <u>534</u>
 - The RUSD Virtual Wellness Center
 - https://sites.google.com/riversideunified.org/rusdvirtualwellnesscenter
- IT services
 - AHS offers Google Classroom help in English and Spanish.
 - <u>http://arlington.riversideunified.org/students/how_to_access_google_class</u> room
 - Low-Cost Internet Service and Computers in Your Area
 - https://www.everyoneon.org/find-offers

Riverside - Ramona HS

- Employment/Financial assistance/Medical Services
 - The RUSD lists various resources for families.
 - o <u>https://sites.google.com/riversideunified.org/rusd-remote-</u> learning/families/community-health-resources?authuser=0
- Day-care
 - <u>http://riversideunified.org/UserFiles/Servers/Server_580721/Image/Parents-</u> %20Images/Child%20Care%20Resources%202020-2021.pdf
- Food
 - Grab and Go meals will be served at all RUSD schools on Tuesdays, Thursdays and Fridays, from 11:15 a.m. to 12:45 p.m. All youth 18 and under may receive meals at no cost.

- <u>http://riversideunified.org/cms/One.aspx?portalld=580805&pageId=14354</u> 720
- Mental health
 - The Riverside USD lists various family wellness resources in their Family Resource Center.
 - http://riversideunified.org/parents/family_resource_center/family_wellness
 - The Riverside USD list COVID-19 Non-Medical Help Lines
 - <u>http://riversideunified.org/cms/One.aspx?portalld=580805&pageId=14425</u>
 <u>534</u>
 - The RUSD Virtual Wellness Center
 - https://sites.google.com/riversideunified.org/rusdvirtualwellnesscenter
 - o Ramona High School Incident/bullying report
 - https://ramonaantibullying.weebly.com/reporting-form.html
- IT services
 - Low-Cost Internet Service and Computers in Your Area
 - https://www.everyoneon.org/find-offers

Riverside - Norte Vista HS

- Employment
 - o Work Permits: https://www.alvordschools.org/Domain/2614
- Day-care
 - o The Alvord USD Expanded Learning after-school program
 - https://www.alvordschools.org/site/Default.aspx?PageID=2441
- Food
 - <u>https://www.alvordschools.org/cms/lib/CA01900929/Centricity/Domain/29/AUSD</u>
 <u>%20Meal%20Program%20Flyer%20English.pdf</u>
- Mental health
 - o https://sites.google.com/alvordschools.net/nvhs-counseling/home?authuser=0
 - The Alvord USD offers various Mental Health resources.
 - https://www.alvordschools.org/Page/11026
 - The Alvord USD Bully Prevention.
 - https://www.alvordschools.org/Page/13289
- Medical Services
 - Health Resources provided by the Alvord USD.
 - https://www.alvordschools.org/Page/2445
- IT services
 - o https://www.alvordschools.org/Page/11965

Riverside - La Sierra HS

- Employment
 - o Work Permits: https://www.alvordschools.org/site/Default.aspx?PageID=6293
- Day-care
 - The Alvord USD Expanded Learning after-school program
 - https://www.alvordschools.org/site/Default.aspx?PageID=2441
- Food
 - https://www.alvordschools.org/cms/lib/CA01900929/Centricity/Domain/29/AUSD %20Meal%20Program%20Flyer%20English.pdf
- Mental health

- The Alvord USD offers various Mental Health resources.
 - https://www.alvordschools.org/Page/11026
- The Alvord USD Bully Prevention.
 - https://www.alvordschools.org/Page/13289
- La Sierra HS offers COVID-19 Resources for parents.
 <u>https://www.alvordschools.org/domain/3450</u>
- La Sierra HS offers Mental Health resources for students
 - https://sites.google.com/alvordschools.net/school-code-052659/resources?authuser=0
- Medical Services
 - Health Resources provided by the Alvord USD.
 - https://www.alvordschools.org/Page/2445
- IT services
 - o Alvord USD Technology Help
 - https://www.alvordschools.org/Page/11965
 - La Sierra HS Google Classroom help for students.
 - https://www.alvordschools.org/domain/3154

Riverside - John W North HS

- Employment/Financial assistance/Medical Services
 - The RUSD lists various resources for families.
 - https://sites.google.com/riversideunified.org/rusd-remotelearning/families/community-health-resources?authuser=0
 - John W North Career Center offers career exploration, mental health, and financial aid resources for students.
 - https://jwnorthcounseling.wixsite.com/1550
- Day-care
 - <u>http://riversideunified.org/UserFiles/Servers/Server_580721/Image/Parents-</u>%20Images/Child%20Care%20Resources%202020-2021.pdf
- Food
 - Grab and Go meals will be served at all RUSD schools on Tuesdays, Thursdays and Fridays, from 11:15 a.m. to 12:45 p.m. All youth 18 and under may receive meals at no cost.
 - <u>http://riversideunified.org/cms/One.aspx?portalld=580805&pageId=14354</u> 720
- Mental health

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- The Riverside USD lists various family wellness resources in their Family Resource Center.
 - http://riversideunified.org/parents/family_resource_center/family_wellness
 - The Riverside USD list COVID-19 Non-Medical Help Lines
 - http://riversideunified.org/cms/One.aspx?portalld=580805&pageId=14425 534
- o The RUSD Virtual Wellness Center
 - https://sites.google.com/riversideunified.org/rusdvirtualwellnesscenter
- IT services
 - Low-Cost Internet Service and Computers in Your Area
 https://www.everyoneon.org/find-offers
 - John W North offers help for students and parents struggling with setting up their portal.

http://north.riversideunified.org/students/portal_instructions