

TRUE Colors Theory

The **TRUE Colors Theory** assessment is a model for understanding yourself and others based on your personality temperaments. This assessment pairs your personal traits with careers and fields of work that best suit your personality. Each color corresponds with certain characteristics and careers. Find which color fits you best!

BLUE		GREEN	
Organized & Idea Doers		Controllers & Idea Generators	
Warm, communicative, compassionate, idealistic, spiritual, & sincere		Analytical, conceptual, intenteive, logical, perfectionistic, & abstract	
Characteristics: Ask questions Caring Easy going Expects harmony Hates conflict Knows everyone Likeable Loves to check on people Needs appreciation Open	Suitable Career Paths: Counselor Psychologist Medical Assistant Medical Specialist Registered Nurse Social Worker Teacher/Educator Therapist Doctor Journalist Editor	Characteristics: Decisive Demanding Expects efficiency Expects results Has strong opinions Likes conflict Needs to be in charge Separates facts from feelings Wants action/change	Suitable Career Paths: Researcher-Biologist/Chemist Computer Programmer Dentists Historians Mathematicians Criminologist Professors/Instructors Engineer Surgeons/Physician FBI Agent Veterinarian
<i>I look for meaning and significance in life. I need to contribute, encourage, and care.</i>		<i>I value intelligence, insight, fairness, and justice. I need explanations and answers.</i>	
GOLD		ORANGE	
Analyzers & Idea Perfectioners		Persuaders & Idea Promoters	
Loyal, dependable, prepared, thorough, sensible, punctual, & organized		Witty, spontaneous, impulsive, impactful, generous, optimistic, bold, & charming	
Characteristics: Asks informative questions Doesn't like repetition Doesn't like small talk Fact-oriented High standards Keeps to schedules Private person Structured Works alone	Suitable Career Paths: Manager Personal Finance Advisor Administrator Law Enforcement Officer Accountant Lawyer Investigator Librarian CEO-Executives Logistician Policy/Data Analyst	Characteristics: Lively Bold & impulsive Expects freedom Great verbal skills Likes people Likes to be in action Makes quick decisions Positive & optimistic Wants to be liked	Suitable Career Paths: Artist Trades Person Producer Engineer Judge Lawyer Manager Public Speaker Sales Agent Broadcaster Marketing/Advertising
<i>I have a strong sense of what is right and wrong in life. I need to follow rules and respect authority.</i>		<i>I value skill, resourcefulness, and courage. I need fun, variety, simulation, and excitement.</i>	



Instructions: Compare all 4 boxes in each row. Do not analyze each word; just get a sense of each box. Score each of the four boxes in **each row** from most to least (4, 3, 2, or 1) as it describes you.

There should be no repeated numbers per row.

4 = Most like me, 3 = Somewhat like me, 2 = A little like me, 1 = Least like me

Row 1 A Active Variety Sports Opportunities Spontaneous Flexible	B Organized Planned Neat Parental Traditional Responsible	C Warm Helpful Friends Authentic Harmonious Compassionate	D Learning Science Quiet Versatile Inventive Competent
Row 2 E Curious Ideas Questions Conceptual Knowledge Problem Solver	F Caring People Oriented Feelings Unique Empathetic Communicative	G Orderly On-Time Honest Stable Sensible Dependable	H Action Challenges Competitive Impetuous Impactful
Row 3 I Helpful Trustworthy Dependable Loyal Conservative Organized	J Kind Understanding Giving Devoted Warm Poetic	K Playful Quick Adventurous Confrontive Open Minded Independent	L Independent Exploring Competent Theoretical Why Questions Ingenious
Row 4 M Follow Rules Useful Save Money Concerned Procedural Cooperative	N Active Free Winning Daring Impulsive Risk Taker	O Sharing Getting Along Feelings Tender Inspirational Dramatic	P Thinking Solving Problems Perfectionist Determined Complex Composed
Row 5 Q Puzzles Seeking Info Making Sense Philosophical Principled Rational	R Social Causes Easy Going Happy Endings Approachable Affectionate Sympathetic	S Exciting Lively Hands On Courageous Skillful On Stage	T Pride Tradition Do Things Right Orderly Conventional Careful

ORANGE: A+H+ K+ N+ S= ____	BLUE: C+F+J+O+R= ____	GOLD: B+G+I+M+T= ____	GREEN: D+E+L+P+Q= ____
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If any of the scores in the colored boxes are less than 5 or greater than 20, you have made an error. Please go back and read the instructions.

Major and Career Exploration Guide

Essential Questions to Ask Yourself When Choosing a Major:

- 1) What are my interests?
- 2) Which topics or courses have captivated me the most?
- 3) What jobs, hobbies, co-curricular or service opportunities have I enjoyed?
- 4) If money and skill were not factors, what would be my dream job?

Essential Questions to Ask Yourself When Deciding on a Major:

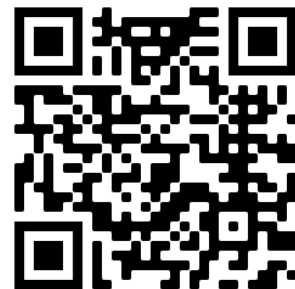
- 1) Is this major broad enough to apply to more than one field?
- 2) What are the career and job opportunities for this major?
- 3) Can I picture myself working in this field for the next 10-30 years?
- 4) What are the course requirements for this major?
- 5) Will I need to pursue a graduate degree in this field?
- 6) Will this major lead me to a job that fits my lifestyle?

Essential Questions to Ask Yourself When Deciding on a Career:

- 1) What are the responsibilities for someone in this career field?
- 2) What education and training is needed for this career?
- 3) What are the required skills and qualifications for this career?
- 4) What are some important characteristics for people in this career to have?
- 5) What is the average salary for someone in this career field? (Consider national and local averages)
- 6) How do additional degree or qualifications affect salaries in this field?

CHECK OUT THIS WEBSITE or **SCAN THE CODE WITH YOUR PHONE** if you need help connecting majors with careers. For each major that interests you, choose either the PDF or HTML version to find an outline of common career areas, typical employers, and strategies designed to maximize career opportunities.

<https://www2.washjeff.edu/careerservicesmajors/>



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