

Scan or click the QR codes for more information.

# **EMPLOYMENT**



#### College and Career Center A one-stop shop for post-high school

A one-stop shop for post-high school planning.





## FOOD

Val Verde USD Students eat breakfast and lunch for free of charge.





United Way 211 Service Provides resources for food and more.

inlandsocaluw.org/211

## **MENTAL HEALTH**



#### Care Solace

An online resource with a live 24/7 concierge designed to assist individuals, parents and school staff, in finding local mental health related programs and counseling services at no cost.

### Brain Break Room

Resources and activities to promote wellness and mental





## DAY CARE



#### **Expanded Learning Opportunities** Free after-school program offered to Val Verde

Free after-school program offered to Val Verde students.



### Preschool

Extensive school-year preschool program for children 3 - 5 years of age.



# **MEDICAL SERVICES**



### **Health Services**

Provides comprehensive reproductive health information.



Information provided by UC Riverside Early Academic Outreach Program Revised 1/2023

