

## LA SIERRA HIGH SCHOOL RESOURCES

Scan or click the QR codes for more information.

## **EMPLOYMENT**



**Career Technical Education** 

Courses that provide students a deeper understanding of the Business, Health Science, and Hospitality fields.







### **Nutritional Services**

All Alvord USD students eat meals for free.





### United Way 211 Service

Provides resources for food and more.

inlandsocaluw.org/211

## **MENTAL HEALTH**



#### **Counselor** Center

Receive help discussing academics, loss/crisis, family or personal concerns.

## CareSolace

24/7 online mental health support service.







## DAYCARE



### **Childcare Resources**

Riverside County helps to provide low-cost daycare to families that qualify.



### Head Start Program

Extensive school-year preschool program for children 2.9 – 4 years of age. Must meet income requirements.



# **MEDICAL SERVICES**



## **Health Services**

Consult with credentialed school nurses within the school district.



Information provided by UC Riverside Early Academic Outreach Program Revised 1/2023

